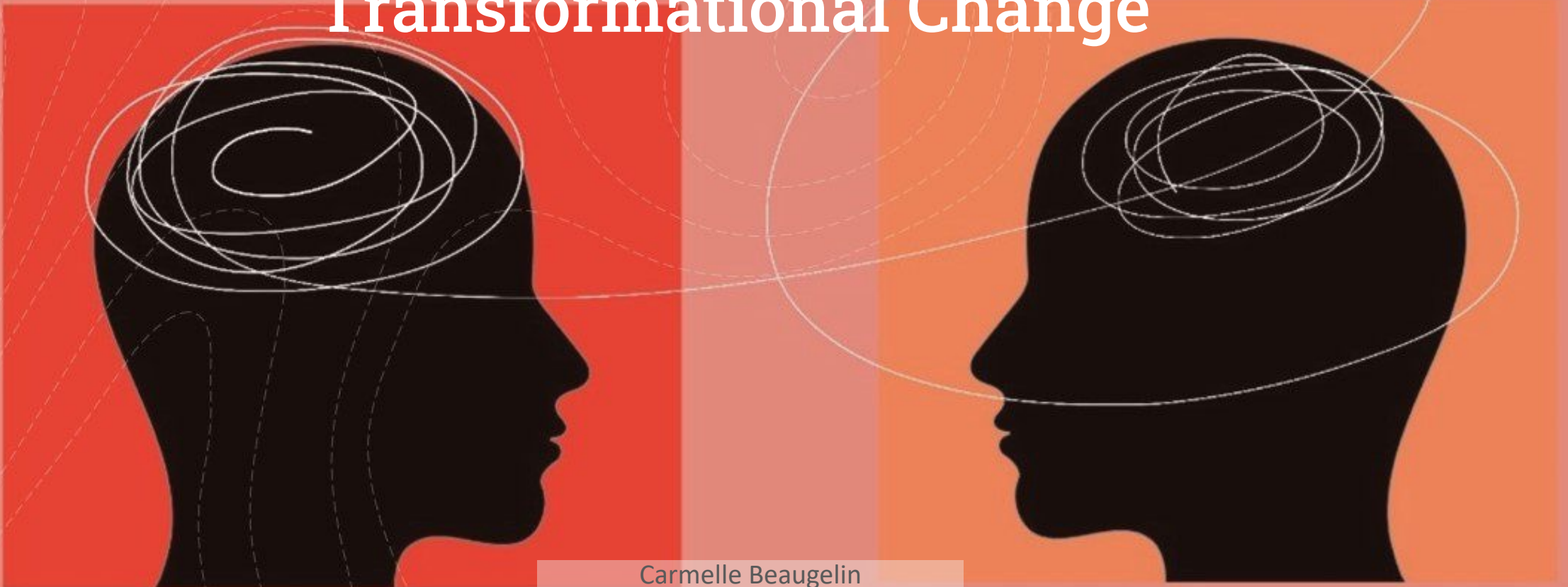


# Empathy As A Tool For Transformational Change



Carmelle Beaugelin

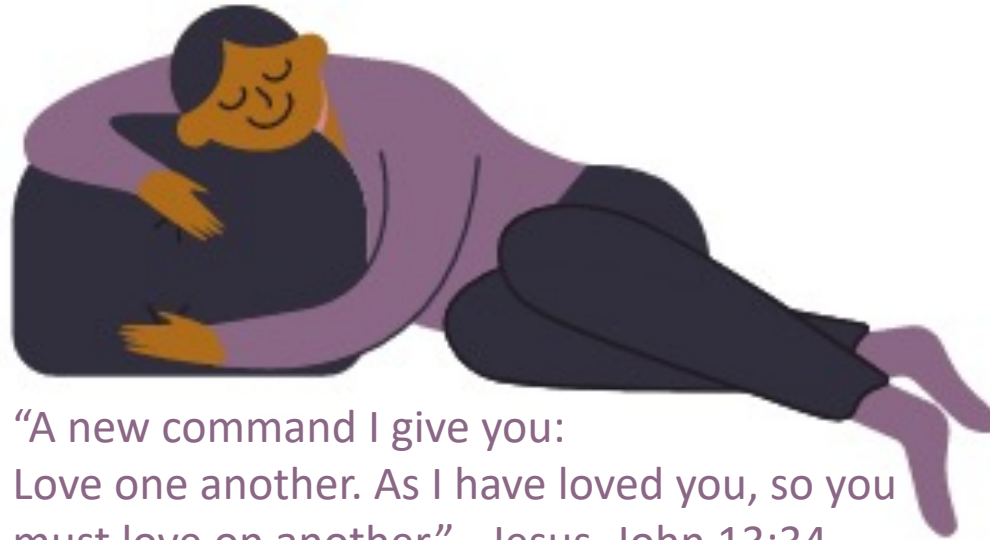
Program Coordinator, Institute for Youth Ministry  
at Princeton Seminary

Innovation Coach, Ministry Incubators

Exegetical Visual Artist

☁️ "I feel most liberated when..."

☁️ "Once upon a time, I felt loved when..."  
(you may use key words or phrases)



"A new command I give you:  
Love one another. As I have loved you, so you  
must love on another." –Jesus, John 13:34  
(NIV)

☁️ I would define "the soul" as..."

☁️ "To me, a community that is cared for  
looks like..."





“Everyday I improvise  
new life, because love  
makes us inventors.”

- Marguerite Barankitse

Reflect: What challenge is Love calling you to transform?



# EMPATHY



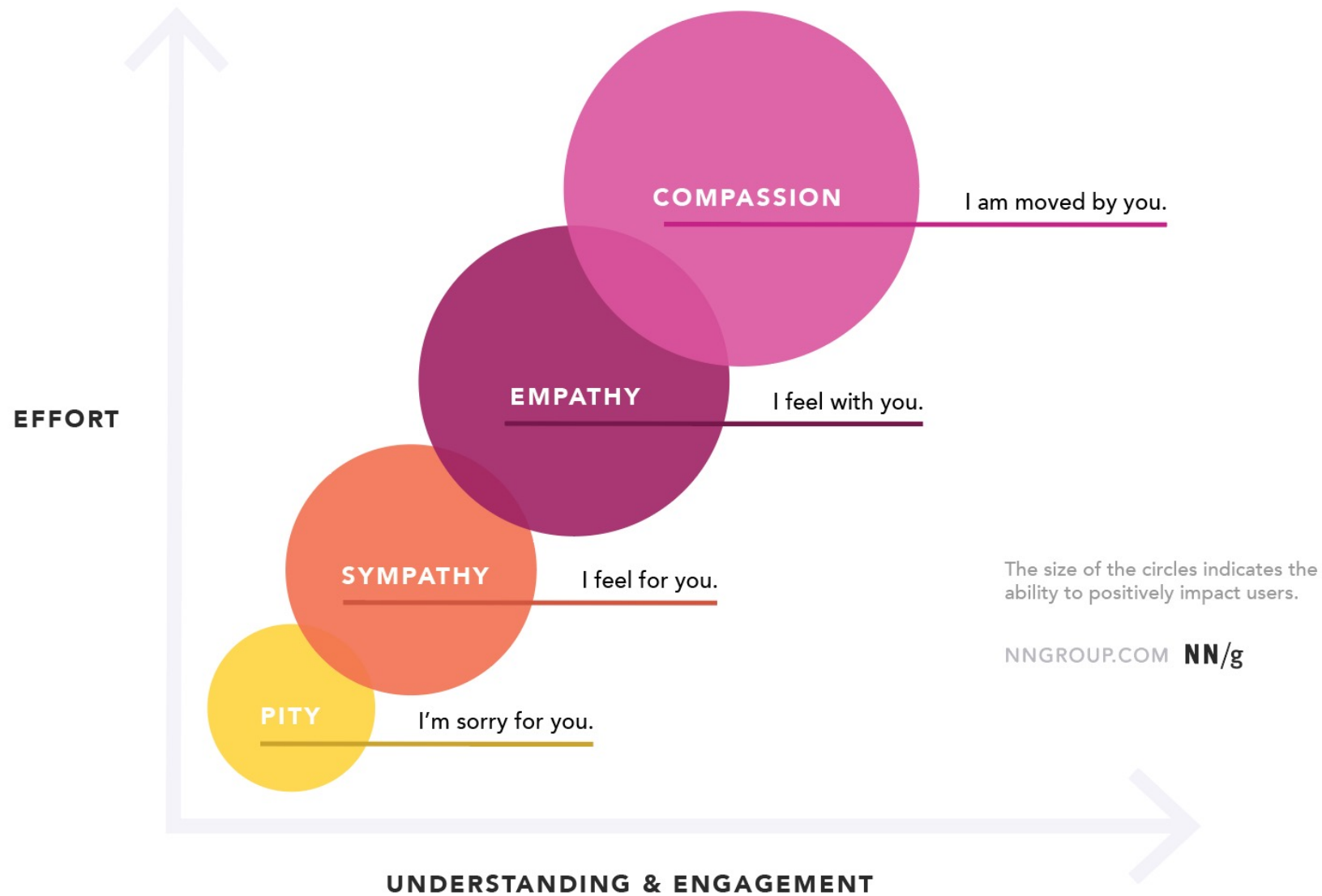
Isaiah 7:14 “Therefore the Lord himself will give you a sign: The virgin will conceive and give birth to a son, and will call him Immanuel – (God with us).

Philippians 2:7 “Christ emptied himself ... taking on humanity...”

John 1:14 “Christ become flesh and he lived among us...”

Christian empathy is the Holy witness to one another of the holy “with-ness” of God.

# SPECTRUM OF EMPATHY

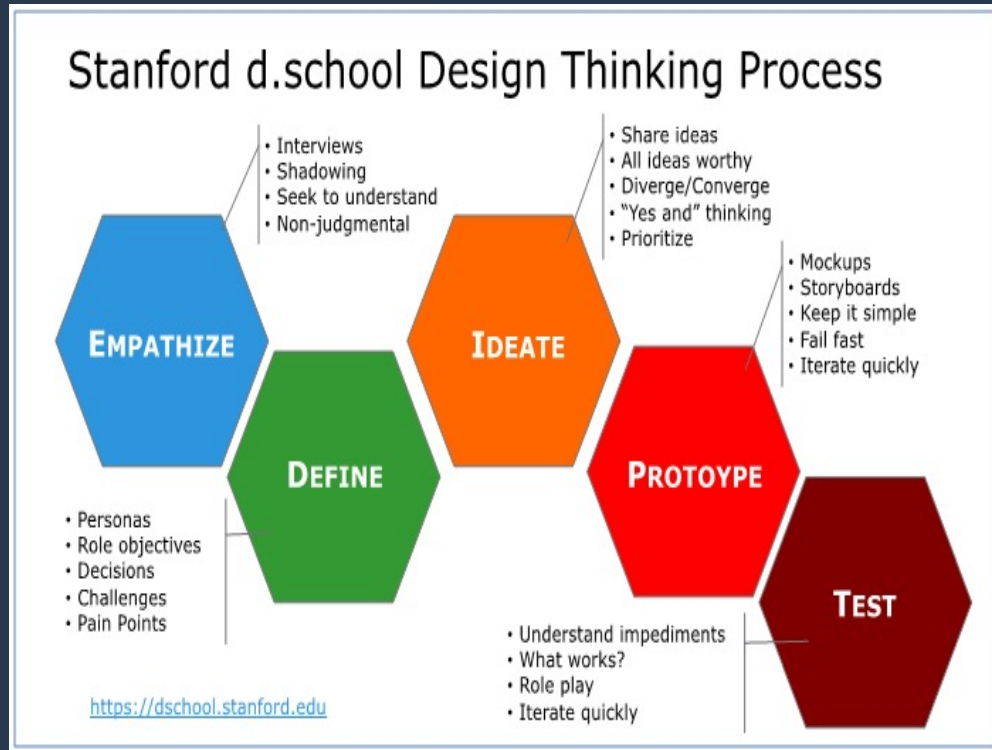




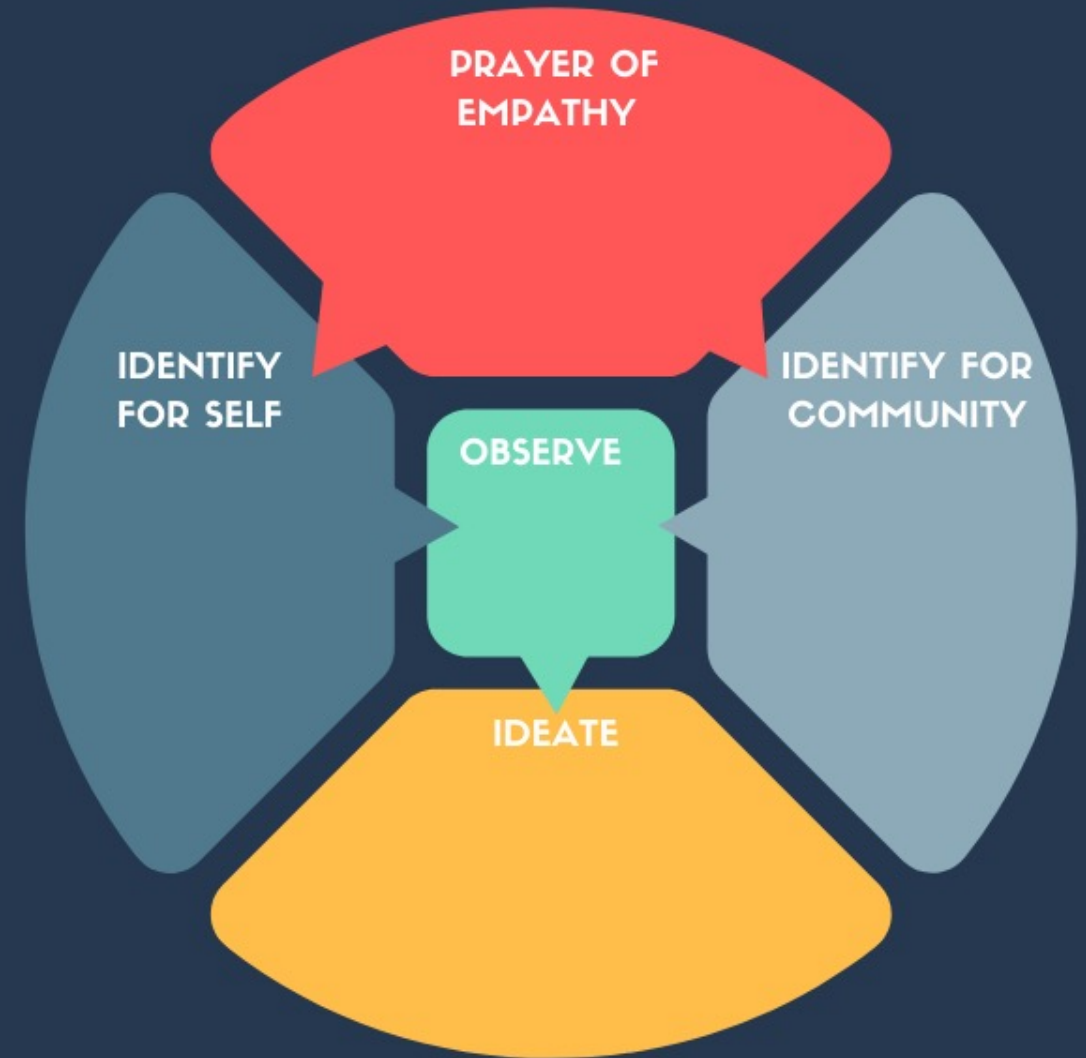
*Élie sur le Mont Carmel (Elijah on Mount Carmel), 1956*  
Etching



## Innovation in Products (noun)



## Innovation in Ministry (noun + Verb)





## Practical Steps to utilize empathy for transformational change:

1. **Immerse:** Experiencing what your user experiences.  
*God being “with” Elijah in ministry, The Person of Christ*
2. **Observe:** View users and their behavior in the context of their lives.  
God Sees and hears Elijah, observes his exhaustion
3. **Engage:** interact with and interview users by listening to stories that inform our inferences.  
*God interprets Elijah’s situation based meets an immediate need for rest and sustenance, which leads to God designing and offering a solution (food and sleep).*

\*Stanford Design School



**Immerse**

## EMPATHY: PRAYER

PRAY FOR YOURSELF. WHERE/HOW DO YOU  
NEED GRACE IN THIS SEASON?

PRAY FOR OTHERS AS IF YOU WERE LIVING  
WITHIN THEIR EXPERIENCE. WHERE ARE  
OTHERS IN NEED OF GRACE?

## IDENTIFY: SELF

WHAT ARE SOME  
PRESSURE POINTS  
I AM EXPERIENCING  
RIGHT NOW?

## OBSERVE

WHAT AM I  
NOTICING ABOUT  
MY EXPERIENCE?  
OTHERS?

## IDENTIFY: COMMUNITY

WHAT ARE SOME  
PRESSURE POINTS  
THEY ARE  
EXPERIENCING RIGHT  
NOW?

## IDEATE

**Come up with one ministry  
offering/gathering**

**Observe**

**Engage**



Do they report feeling liberated?



Could they share with you about a time when you they felt loved as part of this experience?

**If we don't measure what matters,  
what we measure becomes what matters.**



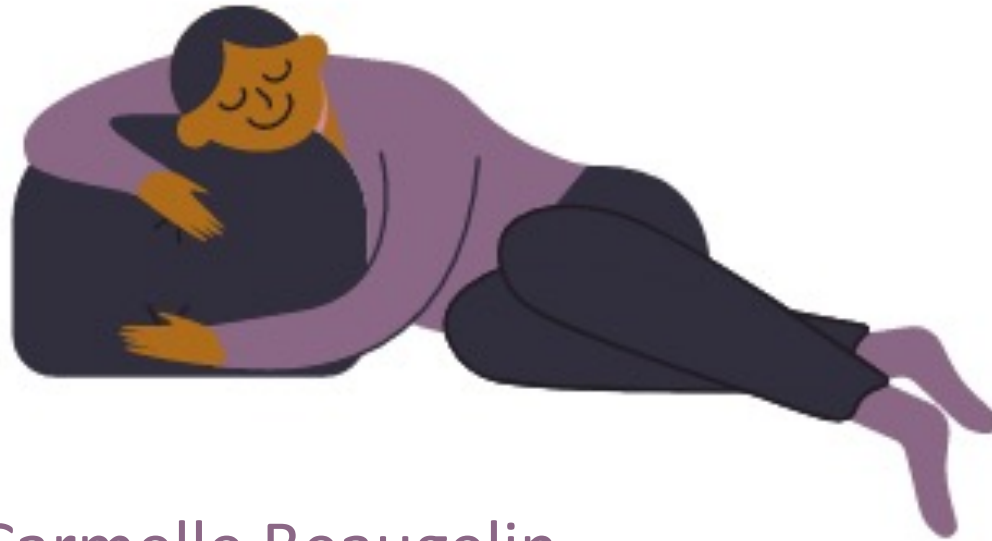
Do they feel safe enough to offer a perspective on what “the soul” is? Are they able to connect it to their faith in Jesus?



Does this idea resemble what they understand as “community care” ?

“Empathy has no script. There is no right way or wrong way to do it. It’s simply listening, holding space, withholding judgment, emotionally connecting, and communicating that incredibly healing message of ‘You’re not alone.’”

— Brené Brown

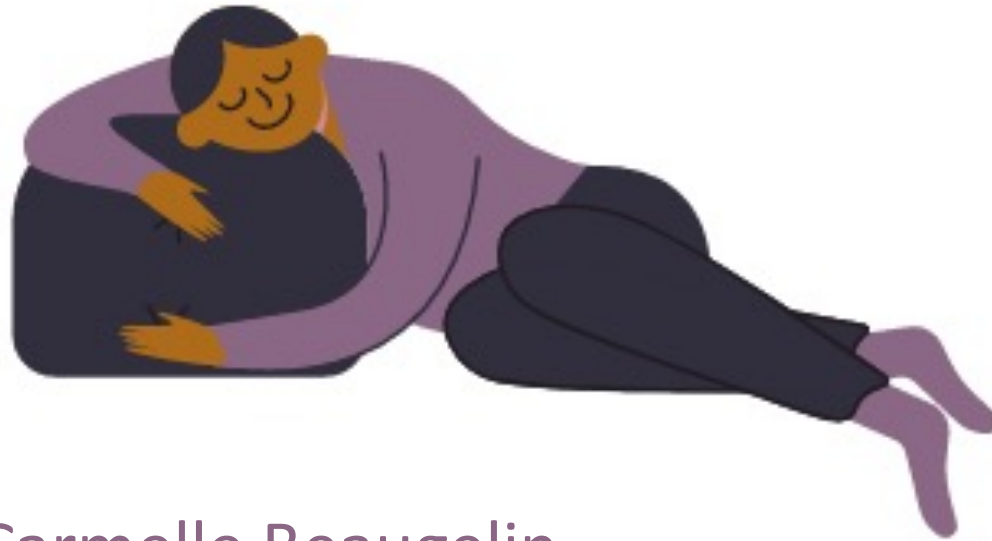


Carmelle Beaugelin

[Carmellebeaugelin.com](http://Carmellebeaugelin.com) | [Carmelle.beaugelin@ptsem.edu](mailto:Carmelle.beaugelin@ptsem.edu)



## Prayer



Carmelle Beaugelin

[Carmellebeaugelin.com](http://Carmellebeaugelin.com) | [Carmelle.beaugelin@ptsem.edu](mailto:Carmelle.beaugelin@ptsem.edu)