

**Shalom Retreat**

*Sisters living in God's perfect peace: Building bridges of love, respect, and understanding while embracing God's wholeness, harmony, and rest*



**Worship Leader**  
**Mickala Cheadle Josey**  
Beth Eden Baptist Church



**Speaker**  
**Rev. Lana Rice**  
Allen Temple Baptist Church



**Speaker**  
**Rev. Katie Choy-Wong**  
Consultant, trainer and writer in intercultural ministries

**October 10-12, 2025 | Beth Eden Family Life Center | Oakland, CA**  
For more information visit [www.abwomensministries.org/events](http://www.abwomensministries.org/events) or call 610-768-2288



## SHALOM RETREAT REGISTRATION FORM

*Complete this form and mail your check for \$150.00 (\$100 AB GIRLS) if submitted by September 29th. Email completed form to [info@abwomensministries.org](mailto:info@abwomensministries.org) or complete your registration online.*

Make checks payable to AB Women's Ministries and include: "Shalom Retreat" on the memo line.

Check one: AB Woman \_\_\_\_\_ | Young Adult Woman (YAW) \_\_\_\_\_ | AB GIRLS \_\_\_\_\_

First Name		Last Name	
Email		Phone Number	
What you want on your name tag			Check number
Dietary Restrictions			
Church Name			
City and State		Workshop 1:	
		Workshop 2:	

\*Workshops can be chosen more than once. Mindfulness Moments with Miraz can be taken in spanish (español)