

"...to bring good news to the poor... proclaim release to the captives...let the oppressed go free..." - Luke 4:18-19

January 2026: A Year of Connection, Growth, and Shared Stories

Dear June ,

Welcome to a new year of faith, fellowship, and service! As we turn the calendar page, we are reminded that while the year is new, our mission remains the same: to empower women and girls to live out their God-given potential and build communities rooted in Christ's love.

At American Baptist Women's Ministries, we are dedicated to walking alongside you through every season of life. We believe that by sharing our stories and wisdom, we strengthen our bonds and encourage one another in faith.

You Are Invited: The Empowerment Series

The journey of womanhood is filled with unique seasons, each with its own lessons, challenges, and joys. To honor these diverse experiences, we are thrilled to invite you to the **Empowerment Series: "Embracing the Chapters of Our Lives."**

Join the **Rudd Empowerment Center** every Monday in February at **7:00 PM EST** for a powerful four-week webinar series. We have gathered an incredible group of women to share their stories and wisdom across the different stages of life, creating a sacred space for connection, growth, and shared understanding.

Event Schedule:

February 2: "The Wonder Years"

Focus: Teens thru Young Adult – Navigating, Growing, Strategizing.

Speakers: Sophia Meadows, Aris Smith & Tiara Sargeant

February 9: "You are More than a Category"

Focus: Single, Married, Divorced – Recognizing, Building, and Sustaining Our Personhood.

Speakers: Joy Andrews, Olivia Banks & Glorimar Camareno

February 16: “Higher Rungs on the Ladder”

Focus: Managing aging bodies, changing relationships, grief, loss, and legacy.

Speakers: Rev. Kathryn Johnson, Pastor Legenda Cloud & Dr. Narriett Butler

February 23: “What I would have told my younger self...”

Focus: An open discussion connecting the themes from all sessions.

Moderator: Dawn Doerr-Johnson

This is a wonderful opportunity to connect with women from all generations, gain fresh perspectives, and feel supported in your own journey.

👉 [Register Today for the Empowerment Series](#)

Let's embrace this new year and every chapter of our lives together.

In faith and community,

Erin A. Davis
Marketing and Communications Director
American Baptist Women's Ministries

P.S. Invite a friend, daughter, or mentor to join you! This series is a perfect way to grow together across generations.

Empowerment Series



American Baptist Women's Ministries
Rudd Empowerment Center
presents the Empowerment Series:



"Embracing the Chapters of Our Lives"

The experiences of women throughout their lives are many and varied. **During the Empowerment Series: "Embracing the Chapters of Our Lives,"** every Monday in February 2026, 7 pm, EST., the Rudd Empowerment Center will feature three different women from their youth up through more seasoned ages.

For more information and to register for FREE, [click here](#)



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February 2, 2026: **"The Wonder Years"** Teens thru Young Adult – Navigating, Growing, Strategizing

February 9, 2026: **"You are More than a Category"** Single, Married, Divorced – Recognizing, Building, and Sustaining Our Personhood

February 16, 2026: **"Higher Rungs on the Ladder"** Managing aging bodies, changing relationships, grief, loss, and legacy

February 23, 2026: **"What I would have told my younger self..."** Open Discussion – Moderator-led, overview of all sessions and engagement from all participants

Register

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