

"...to bring good news to the poor... proclaim release to the captives...let the oppressed go free..." - Luke 4:18-19



EQUIP

Discover the tools, resources, and opportunities ABWM offers to empower your ministry and personal growth

Embracing our Chapters

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Dear sisters:

I pray you are well—and that your Christmas season was filled with warmth, meaning, and the steady presence of God.

One of the gifts God has woven into humanity is our uniqueness. No two stories are the same. Each of us carries a sacred blend of lessons, joys, griefs, courage, and callings that shape who we are becoming. When I look back over my own life, I can trace the threads: choices I made as a teenager, seasons that stretched me, moments that healed me, and surprises that changed my direction. Even now, what I'm living is shaping the "future me." As the Argentinian singer Mercedes Sosa sang, *"Everything changes."* And isn't that true? Our lives shift. Our perspectives deepen. Our hearts expand.

Every season has its own beauty—and its own "seasoning." That's why the Rudd Empowerment Center (REC, as we lovingly call it) is launching a February Empowerment Series you won't want to miss: **"Embracing the Chapters of Our Lives."**

Every Monday in February at 7:00 PM ET, three women at different life stages will gather for a rich, honest conversation about what God teaches us as we grow—from young adulthood to seasons marked by accumulated wisdom. Expect stories that feel familiar, insights that surprise you, and the kind of encouragement that stays with you long after the session ends.

Picture it like a big, beautiful table—where everyone has a seat, every voice matters, and we meet one another as equals. Whether you're stepping into a new chapter, grieving one that's ending, or learning to love the one you're in, this series is for you.

The ABWM National Team—and especially **Rev. Dr. Christine Smith**, Executive Director of the REC and ABWM Associate Executive Director—looks forward to welcoming you.

Registration is free—but truly priceless.

Reserve your online spot at [Embracing the Chapters of Our Lives](#)

In sisterhood,

Karla

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